

May 7, 2009

Dear Parents, Faculty and Staff:

I hope this letter finds your family well rested after a four-day holiday last weekend. And tomorrow is yet another holiday and an opportunity to spend more quality time with your children, so enjoy!

As we approach the end of the 2008-2009 school year, students are busy preparing for their final few weeks on campus. IB exams for some of our high school seniors have already begun and will continue until the end of this month. Good luck, students! I'm sure they are well prepared. As for the rest of the students, these last few weeks of the year will also be busy with preparations and examinations.

I am sure that as the examination days get closer, nervousness, long hours of study and mental exertion will, no doubt, bring about added stress for some children. While many students like to demonstrate their independence and responsibility, parents can still intervene and offer support through various strategies to help them manage their workload and deal with exam stress. Remind them that being purposeful is having a clear focus. Have them begin with a vision for what they want to accomplish, and concentrate on their goals. If they study one thing at a time, without scattering their energies, they will be successful. Some people *let* things happen. When you are purposeful, you *make* things happen.

Don't forget, The University of Victoria, British Columbia Prima Choir & Chamber Singers under the direction of internationally acclaimed conductor, *Bruce Moore*, will be performing a concert on Thursday, May 14 at 7:30 pm at the Holy Redeemer Church, Sukhumvit, Ruam Rudi Lane (behind the American Embassy). Tickets are 250 baht and can be purchased in advance or at the door. You won't want to miss it! This is expected to be an excellent performance. Bring your children along and witness the talents of this wonderful choir.

Finally, my heartfelt congratulations to the high school students who were selected into the National Honor Society. We are very proud of you.

Talk to you next week.

Peace,

Fr. Pattarapong Srivorakul, C.Ss.R.
Head of School

