

PHEONIX SWIMMERS TAKE FLIGHT IN WATER

The RIS Swim Team traveled to Shrewsbury last week for a fun and entertaining relay meet and our Phoenix swimmers did not disappoint. The 11- and 12-year-old boys and girls finished a respectable third while the 13- and 14-year-old girls and boys finished third and fourth respectively. The day belonged to the 15 and over boys and girls teams which blew the competition out of the water winning every single race that they competed in and taking home the trophy for the most overall points. These results made it clear to the other schools that RIS will be tough to beat this year. A combination of good participation in practice and swimming over 3000 meters per practice session has really improved the quality of our swimmers. Congratulations to all who participated at Shrewsbury, and the team will continue to work hard in preparation for the BISAC and SEASAC Championships in the new year.



“Congratulations to the boys and girls Cross Country runners who competed in the Pattana Ancient City 5 K Run. The under 17 boys swept the first four places and took first team honors overall. Girls had a 4th place finisher and finished 2nd place as a team.”



Pheonix Polo Team Wins Trophy

The water polo team has grown tremendously in just two years. We now have over 20 players that religiously attend practice every week. Water polo is arguably the most difficult sport in the school because of the extreme physical demands of the game. Players must be able to sprint, wrestle for a loose ball and survive in the water without touching the bottom or sides for 32 minutes! Our Phoenix Polo Team just recently attended the BPS Invitational Polo Tournament and won the championship in dramatic fashion. In the “golden goal” overtime period, rookie sensation Ian Yu, scored his tournament leading 8th goal of the game to give RIS its first ever trophy in the sport. The team will continue to train in preparation for the BISAC tournament in April 2009.

